

FREE to Practitioners:

[\$20.00 to the general public]

Encyclopedia of Food-Based Medicines

The VITAMOST® Encyclopedia has been 22 years in the making. It contains everything you need to know about using VITAMOST® food-based medicines to overcome 100 health conditions, from mild to life-threatening. The same condition in different people can have different causes – and unless you identify and correct its true cause, the condition will persist.

The VITAMOST® Encyclopedia is a complete 152-page course in nutritional prescribing that is divided into five easy-to-use sections:

General: Explains why VITAMOST® formulas are so uniquely effective.

Causative Themes: Describes in detail 11 common factors that contribute to almost all degenerative conditions. Just by understanding these 11, you can resolve most of your clients' health concerns.

Conditions: Lists 92 conditions and which VITAMOST® formulations to use to treat them. Cross-referenced to "Causative Themes."

Formulas: Explains 53 VITAMOST® formulas in detail and how to use them for

If you are a health care practitioner, get your **FREE** copy of the VITAMOST® Encyclopedia by calling **Rowland Publications**
1-705-746-1086

IF YOU ADVISE CLIENTS, YOU NEED THIS ENCYCLOPEDIA!

VITAMOST®

Encyclopedia of Food-Based Medicines



by David W. Rowland, PhD
Master Formulator

VITAMOST® food-based medicines are **formulated for nutritional practitioners by a nutritional practitioner**. David Rowland was Canada's first Registered Nutritional Consultant and the founding president of the Nutritional Consultants Organization of Canada (now IONC).

David founded two schools of nutrition, some of whose graduates now operate their own nutrition schools. He also created the **Nutri-Body® method of nutritional assessment** for identifying and supporting biochemical weaknesses. He holds Canadian and US patents for a technique that increases the vibrational frequency of vitamin-mineral supplements.